

# THE ACTOR-CREATOR. Creation process tools

Lecturer: Elizabeth Sogorb

Training the body is key in contemporary performing arts. Our body tells us much more than we think and we count on it in order to develop our acting skills. Being aware of our body and controlling it helps us create playwriting. Tools such as texts, music, objects, images, etc. help us create the message.

Both dramatisation and theatre are two types of performances which use the body, the voice and space and time on stage to express and communicate ideas, feelings and experiences.

Dramatisation is a form of expression that integrates the oral, visual, musical and body languages, and it is also a symbolisation process.

Theatre, understood as a dramatic art, is an activity that pursues the creation of a product-performance and requires repetition through rehearsals in order to obtain specific aesthetic results.

Even though we use both terms simultaneously, dramatisation and theatre are not the same thing. The term "theatre" emphasises the performance-spectator idea, whereas the dramatisation process focuses on the action itself, which thus creates the representation. However, their means are the same: dramatic arts.

## GENERAL OBJECTIVES

Cultivating creativity, imagination, perception and sensibility both individually and collectively.

Thoroughly studying the world of actor's creation based on the body and its expressiveness.

Discovering and investigating our own physical resources and how to take them to their expressive limit.

Learning stage techniques and tools to share our proposal.

Working in groups in order to improve our ability to socialise with other people and appreciate the importance of the work that each of the students does.

Exploring the possibilities of expression, collective creation and staging as a means to communicate and connect with the environment.

## SPECIFIC OBJECTIVES

Using expression and communication resources in set dramatic situations by taking roles and using techniques derived from theatrical language.

Introducing and applying body and voice methods used in interpersonal communication and art, where the human body is the focus, and appreciating them as a way to develop our personality, our relationships, expression, communication and personal creation skills, and our aesthetic education.

Performing improvisations with dramatic sequences that express emotions, ideas and opinions.

Manifesting ideas and feelings through physical gestures and actions and the use of space and objects.

Recognising and producing the different signs of the theatrical discourse in order to express and create meanings regarding a theatrical text.

Providing students with expressive resources through physical training and improvisation.

## CONTENTS:

1. The body: Movement. The expression. Dance and choreography.
2. The voice: vocalization, projection, tempo-rhythm. Singing and extended vocal technique.
3. Working with objects. Research and development.
4. The text: an analysis of the texts seen in class and how to use them in the movement score.
5. Improvisation: Movement scores and repetition. Viewpoints. How to create dramatic scenes.
6. Characters: Impersonation; character identification through observation. Character portrayal.
7. Plot development: movement and text playwriting.
8. The space on stage: elements that give magnificence to the creation. Lighting and sound space.
9. Theatrical project performance: Idea-sharing and guidelines.

The contents do not follow a paced development, but are rather applied alternatively, always keeping physical-vocal training and putting emphasis on the last four items as the creation is being developed.

### HOUR BREAKDOWN

- From 2 March to 25 May 2017
- Thursdays from 4 to 7 p.m.
- 10 sessions
- 30 hours – 3 Credits
- 30 ESI hours

- March: 2, 9, 16, 23 and 30
- April: 6
- May: 4, 11, 18 and 25

**VENUE:** To be established

#### PLEASE NOTE

#### IN ORDER TO OBTAIN THE COURSE CERTIFICATE, STUDENTS MUST:

\*ATTEND AT LEAST 80% OF TOTAL COURSE HOURS

\*HAVE PAID FOR COURSE FEES

\*PASS LECTURER'S ASSESSMENT TEST

\*COMPLETE COURSE SATISFACTION SURVEY

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